



What is the Nutley NET Program?

Teens face unique challenges establishing themselves in the world. They may be confronted with situations which provoke poor life-style choices, peer-pressure relationships, and/or feelings of alienation, anger, and reduced self-esteem.

NET provides interventions and education to prevent or reduce the risk of developing **behavioral health problems such as the following:**

- Underage drinking
- Experimentation with prescription or illicit drugs,
- Self-harming behaviors
- Poor school performance
- Running away from home
- Behaviors that contribute to unintentional injuries and violence
- Sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases

Family first...

In keeping with NFSB's philosophy of treating the whole family, the NET provides practical and social support for parents to become more effective in helping their child solve problems in a productive-

"I am so grateful for NFSB's consistent care and dedication to my daughter's treatment. We are closer now than ever before and actually communicate effectively as a family." – NFSB Client, 2015

We understand...

Family support groups will highlight family involvement, build on family strengths, and provide education to improve family functioning that will in turn improve the child's behavior.



Is this program right for my teen and my family?

The NET program is unique in that the services available to the family are targeted to their needs. The first step is to call our office to initiate the intake process.

After screening and assessment, the family will be given a full description of the appropriate services necessary for their teen's behavioral and mental health care.

Any specific questions and concerns will be addressed by the NET Director. All discussions are confidential.

Nutley NET Services

- Screening and assessment for the identification of underlying reasons for behavioral problems
- Identifying potential risk factors
- Fostering and enhancing family, peer and social protective factors
- Monthly family support groups
- 8 Weeks of teen therapeutic group
- Individual and family counseling if necessary
- Mindfulness and Communication



Our Mission

The mission of the Nutley Family Service Bureau is to promote the emotional and social well-being of individuals and families through counseling, and to provide community outreach programs, guidance and information regarding other available social services to the community.



What is the Nutley NET Program?

The purpose of the program is to expand the range of choices and opportunities that enable, empower and encourage youth to **achieve positive growth and development**, improve expectations and capabilities for **future success**.

The NET Director and facilitator Steala Keegan, is a seasoned clinician, who holds both Clinical Alcohol and Drug Counselor (CADC) and Clinical Social Worker (CSW) licensure.



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Nutley Empowering Teens

Nutley Family Service Bureau



*Instilling hope one session
at a time since 1913.*

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