



NUTLEY FAMILY SERVICE BUREAU

THE MEN'S CONNECTION

A Group for Men in the Middle

The issues impacting men in the established years of their lives may be overwhelming: balancing work, marriage, family, children, aging parents, and additional pressures. There are too many responsibilities with too few resources and little support. Men easily can lose the essence of who they are as males and individuals. Men are stronger than they may think, and do not have to "go it" alone. They can benefit by both raising self-awareness and making common connections with others.



Come join us for this group for men, age 30-60, that will be led by Joe Armentano, Licensed Clinical Social Worker and therapist at NFSB.

When: Every 1st & 3rd Tuesday, from 6:00 pm to 7:00 pm, starting Sept. 5th

Where: NFSB Annex, 169 Chestnut Street, Nutley, NJ 07110

How: For more information and to register, Please call (973) 667-1884