



Nutley Family Service Bureau 2015 Annual Report

Dear Stakeholders and NFSB Supporters,

Executive Director

Felicia Gardner, MSW, LCSW

NFSB Board President

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2nd Vice President

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Secretary

Maria Pedalino

Treasurer

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Michael Padilla

Vicki Ray

Javier Robles

Karen Rozansky

Township Representative

Ruth Bedford

Thrift Shop Representative

Angela Kircher

NFSB has truly come full circle this past year as we embraced a new Strategic Plan, which reinforced a Nutley-focused, social service direction to the existing emphasis in mental health services. Stakeholders, staff, board and public officials were consulted as we aligned our programming and philosophy with that of the local community. The new **Vision** statement "**A community where mental well-being is valued as an integral part of life**" began to look more like a realistic possibility, as we embraced the **Mission** "**To strengthen the emotional and social well-being of individuals and families through affordable mental health counseling and social service programs**". The Plan reaffirmed NFSB's "Nutley First" commitment, where psychotherapy services are available to Nutley and surrounding communities, and where the social services, free / reduced-cost programs, and community outreach are directed primarily to Nutley.

In June, the Strategic Plan was approved by the Board of Trustees, and was immediately tested. Within days, we received news of the closing of Nutley American Red Cross, directly next door. NFSB quickly rallied to explore purchase of the building and to take on the Nutley Food Pantry, a long-standing community service. In December, ARC accepted the bid, and we began planning to re-start food disbursement in 2016, using ARC volunteers who agreed to continue. This new space addressed other Strategic Plan issues, and put NFSB in a strong position to serve the community in 2016 and beyond.

In other 2015 highlights, our main work continued to be delivering quality, affordable, and accessible psychotherapy services. In December, our clinical team of 2 full- and 7 part-time staff serviced an active caseload of 309 clients; the 2015 monthly average of sessions was 492. Both figures continue to grow year-to-year, showing our services are needed for people with mental health, family and emotional/psychological concerns. This reimbursable service provides significant portion of revenues, since most clients have private insurance.

We remain committed to helping those in need, including people with limited financial resources. We offer a sliding scale fee schedule to anyone not insured, with more favorable rates for Nutley residents. And in a major change, last fall NFSB was approved by the Medicaid Insurance Panel, and to be reimbursed with NO co-pay by client. By December, it opened our services to 35 Medicaid recipients. Nutley residency is considered a priority when scheduling.

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nutleyfamily.org

In addition to private services, clinical staff and interns provided a variety of mental health and social services to Nutley residents. Qualified staff was available when unexpected needs arose, such as emergency evaluations for school children, or referral requests from town leaders. Four MSW and/or MA graduate students provided social service programming and, 2nd year graduate students handled some cases within our psychotherapy program. Interns performed general case management for walk-in and phone clients, verified eligibility for the food pantry, ran free social skills groups for school-aged children, and helped program planning and group services at two township senior residence buildings. In return, interns gained the supervision and work experience required for graduate credit.

In April, we began an exciting new initiative, the NET (Nutley Empowering Teens) Program, developed in conjunction with Nutley Police Department. It is an 8-week group curriculum for teens identified at-risk for substance abuse or other self-sabotaging problems, and conducted by a licensed clinical alcohol and drug counselor. As of this writing, over 20 teens graduated from the program, which includes family sessions and individual or family treatment when necessary or requested. It is a free for Nutley initiative.

We maintained the Women's Group, Anger Management Group and added a group for DADs (Dads Behaving Dadly). Our Female Teen Leadership Group also continues for its 3rd year and its roster is steady at 9 participants. All of these group programs are free to participants.

Additional revenue sources that support NFSB are listed on the financial statement. NFSB strives to use these funds wisely - 87% of expenses went to provide services to clients and community. The Nutley Township grant (\$65,000) assists the accessibility and retention of qualified professional staff, and enables free programming to Nutley residents, as guided by our "Nutley First" policy. Over 350 individuals and companies made unrestricted donations last year – we are humbled and thankful. One unique source continues to be the amazing volunteer-run Thrift Shop (over \$66,700), selling new and used clothing & household items.

We want to take this opportunity to thank you. If you became a client or referred a neighbor to our professional service, gave a donation, volunteered at the Thrift Shop, donated clothing or housewares, we are grateful. Thanks to you, we are able to move our Vision forward each and every day.

With hope and gratitude,

A handwritten signature in cursive script, reading "Felicia Gardner". The ink is dark and the signature is fluid, with a large initial "F" and "G".

Felicia Gardner, LCSW
Executive Director

June 1, 2016

Important Updates for 2016.....

Dear Friends,

We have exciting 2016 news to share, which is significant enough to add to 2015 Annual Report.

First, NFSB completed the purchase of the Nutley Red Cross building, and took on the Food Pantry.

Second, the Board of Trustees announced changes in personnel in response to the increased complexity of our mental health and social service programs. Effective June 6, Felicia Gardner transitioned to Director of Clinical Services and Programming, where she remains our mental health leader. Eileen Painter became Executive Director, with a focus on social services, operations & finance, and nonclinical staff & volunteer management. We are thrilled to have such strong leaders to steer our future. Please see full details on <http://www.nutleyfamily.org/>.

Mary Graves, President of NFSB Board of Trustees

Representative sample of 2015 NFSB client testimonials:

"Without NFSB, I may not be alive. What greater explanation can I possibly give to attest the importance and meaningfulness of this place?! NFSB is saving my life, my family and giving me another chance."

"Couples therapy has been a great experience so far. My partner and I are moving toward being in love again. We are only about a month in, so I can only say that things seem to be getting better which is exactly what I've hoped for."

"This place has transformed me into the person I've always wanted to be."

"NFSB has been eye opening for me. Each time I come here, I grow... but mostly, I feel better about myself."

"Well, this is a place that brings a piece of mind to my family. A place where you get lots of help, guidance and encouragement. It's a safe place to empty your mind and soul and fill it with love and security."

A sincere Thank You to our 2015 Public Supporters: Your generous support ensures our staff and programs are available to help those needing mental health and social services. We are especially grateful to our faithful, multi-year contributors.

Over 350 individuals, groups, and companies donated in 2015, including:

Annual Fund & other contributions

\$10,000+	Greater Newark Holiday Fund	\$200-499	Joanna Conrad DBA Smile Today Mr. and Mrs. Stephen Del Collo Scott & Janet Garley Stephen & Mary Golia Edmund & Bonnie Lee Gould Grace Episcopal Church Linda & David Grossman Barry Kozyra Robert & Mary Ann Manfredi Sandra McCoy Michael & Elizabeth Moscara Nimlok New York City Nutley Little Theatre Old Guard of Nutley, Inc. St. Paul's Congregational Church Toresco Enterprises, Inc. Ed & Kerri Tyerman Unico National-Nutley Chapter
\$1,000-9,999	American Express Foundation Ruth Bedford Vicki Citrino John K. Farr, II & Susan P. Farr Mary & Brad Graves Kerry Villa Foundation Kozyra & Hartz, LLC Liquid Church Vince & Carol LoCurcio Kathleen Metzger Morgan Stanley Foundation Nutley Park ShopRite Javier & Sorabel Robles TD Bank		
\$500-999	Jorge Madrazo Maurillo Families James & Vicki Ray Scott & Taji Reisch	Less than \$200	316 donors

Many thanks from the NFSB Thrift Shop:

- For all the years of service from our dedicated volunteers
- For the donations from our neighbors
- For the customers who shop with us

- *100% of proceeds go to NFSB programs & operations*
- *100% staffed by dedicated volunteers*

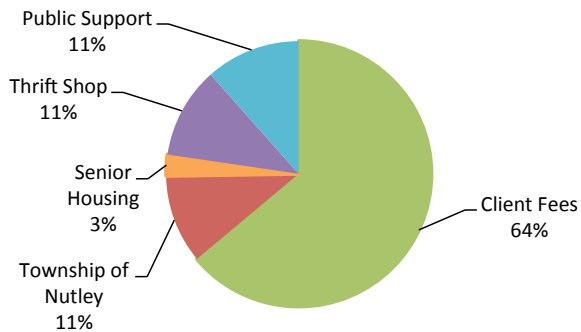
NUTLEY FAMILY SERVICE BUREAU, INC.

2015 Financial Report

INDEPENDENT ACCOUNTANTS' REPORT

UNAUDITED EXPENSE DISTRIBUTION

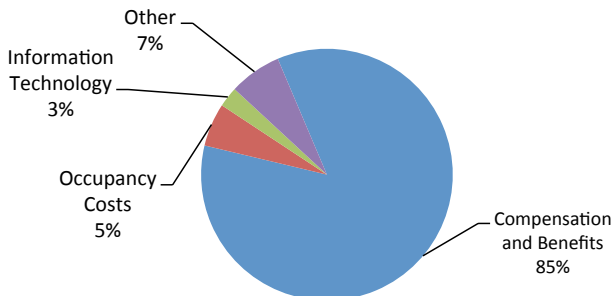
Revenue



Revenue

Client Fees	\$	383,546
Township of Nutley	\$	65,000
Senior Housing	\$	15,444
Thrift Shop	\$	66,717
Public Support	\$	69,398
Total Revenue	\$	600,105

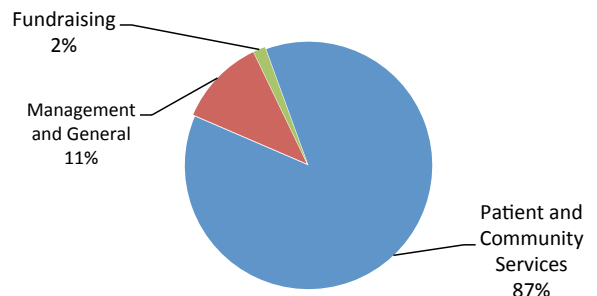
Expenses



Expenses

Compensation and Benefits	\$	475,106
Occupancy Costs	\$	31,009
Information Technology	\$	14,540
Other	\$	37,551
Total Expenses	\$	558,206

Functional Expenses



Functional Expenses

Patient and Community Services	\$	485,808
Management and General	\$	63,604
Fundraising	\$	8,794
Total Expenses	\$	558,206

NOTE:

The total expenses do not include the equivalent cost of the supervised interns providing patient and community services, which are estimated to be approximately \$55,000.

News and Media Events of 2015:

(Full articles and press releases can be found at www.nutleyfamily.org/newsandevents)



The Nutley Family Service Bureau now operates the food pantry since the regional American Red Cross is closing in town, and NFSB has a pending contract to purchase the building, according to NFSB President Mary Graves. Dec 18, 2015



Felicia Gardner, Executive Director of Nutley Family Service Bureau, receives a \$2,000 check from the Morgan Stanley Foundation, delivered by Karen Rozansky, a 20-year volunteer and NFSB Trustee.



NFSB is proud to be among the social service agencies of Northern New Jersey that receives support from The Greater Newark Holiday Fund. Two cases from NFSB are highlighted in the *Newark Star Ledger*.



Nutley Old Guard members, from left, President Ron Merrit and Dan Marese present Nutley Family Service Bureau Past President Greg Tolve with \$200 check.

A sampling of Facebook posts: FB posts reach hundreds of NFBS friends across the internet

456 people reached

NFSB THRIFT STORE HOURS:

Monday-Thursday, 10am-4pm
Friday, 12pm-4pm...

[Nutley Family Service Bureau, Inc.](#) added [3 new photos](#). Published by [Caitlin Grath Peterson](#) · October 22, 2015 ·

Did you know that NFSB Thift Shop has Halloween costumes with prices you just can't pass up?? We have everything from the very FABULOUS to the very SCARIEST of costumes for you and your family to enjoy. Stop by 172 Chestnut St. and get your spook on!

468 people reached

Nutley Family Service Bureau, Inc.

Published by [Caitlin Grath Peterson](#) · October 12, 2015 ·

Attention Parents! NFSB will be starting up this year's free social skills groups for children ages 6-12 next week!

Sign up for this wonderful series of workshops, games and fun! During each hour group session, your child learns new and interesting things about himself/herself and others by learning problem solving skills, how to be a good friend and manage one's feelings.

Call 973-667-1884 to register today! Space is limited.

