



**NUTLEY FAMILY
SERVICE BUREAU**

2016 Annual Report

Dear Friend of Nutley Family Service Bureau,

Thank you for contributing to the success of NFSB in 2016, a year full of change, growth and transition. We have navigated the twists and turns by keeping our vision aligned with our Strategic Plan. We continue our 100+ year mission of strengthening the emotional and social well-being of individuals and families through affordable mental health counseling and social service programs. The 2016 Annual Report is an opportunity to share with our supporters a few highlights of the past year and to offer a glimpse of our anticipated goals for 2017!

NFSB's diverse list of services and programs places the organization in a unique position to impact the community on multiple levels. As our local community evolves, NFSB is committed to remaining responsive to its present needs and to preparing to meet the community's future challenges.

Psychotherapy and counseling:

- Growing number of clients: increase of average active cases (25%, 369/month) and new clients (35%, 443/year).
- Cases include adults, children, couples and families
- Expanding insurance panels (26) which include Medicare and Medicaid
- New adjusted fee schedule
- Free Group Therapy sessions, including Women's and Men's Groups
- Free Workshop sessions for children, teens and seniors
- Free Case-management services
- Growing graduate and undergraduate internship programs

Nutley Food Pantry:

- Final purchase of 169 Chestnut St.
- Food Pantry reopened in January, 2016
- Expansion from 35 households after relaunch to 80 in December
- Proud partner agency with Community Food Bank of New Jersey
- Recipient of 2016 Scouting for Hunger Donation Drive
- Sharing 80 holiday meals for the 2016 Thanksgiving Initiative
- Edible Education community outreach series sponsored by ShopRite of Nutley-Belleville
- Growing list of individual, group and corporate food donors

My first full year with NFSB has been an exciting one, not only for me as the new Executive Director, but also for the staff, Board members and volunteers. We encourage you to learn more about the changing face of NFSB by visiting our updated website, where you can request our new electronic newsletter, or stop by to see some of the magic our team creates everyday.

NFSB's success would not be possible without the support of our local community. If you referred a friend to our mental health services, made a financial donation, donated a bag of groceries, dropped off gently-used clothing or volunteered your time, please accept our heartfelt thanks for your contribution.

My best,

Eileen

Eileen Painter
Executive Director

Our community:

- Community partners, including: all Nutley Township Departments, Nutley Farmers Market, Giving Garden, Community Garden, Nutley Clergy Fellowship, Nutley Chamber of Commerce, Knights of Columbus, Nutley Rotary
- Revenue generating partnerships with Giving Hearts Consignment Shop and TransAmerica Textiles
- A growing corps of dedicated youth, adult, senior, corporate and vocational volunteers

And a view to 2017.....

Dear Friends,

Some points of 2017 information to share

- Eileen Painter, our new Executive Director, and Felicia Gardner, our newly designated Director of Clinical Services and Programs, have partnered beautifully to lead our tremendous organization and our programs for Nutley. Together they have helped to ensure our future serving the community.
- The Nutley Zoning Board of Adjustment approved our redevelopment plan for 169 Chestnut St.
- The 2017 Boy Scout Food Drive for the Food Pantry topped the 2016 drive with unprecedented community involvement!
- Nutley Township grant, previously at \$65,000 per year, was reduced to \$32,500 in 2017, and slated to be eliminated in 2018. However, in July Commissioner Rogers informed NFSB a \$25,000 reinstatement would be made in 2018, primarily to support the Food Pantry. Specifics on this welcome change will be forthcoming.
- Finally, watch for our new 169 Chestnut facilities combining the Food Pantry, the Thrift Shop and Social Services in early 2018!

Sincerely,

Vicki

Vicki Ray
President of NFSB Board of Trustees, 2017

August 18, 2017 <http://www.nutleyfamily.org/about-us/2017-services-funding-update/>

NFSB Board of Trustees, 2017		
Officers: Martha (Vicki) Ray, President Rosie Boyle, 1 st VP Adam Jernick, 2 nd VP Theresa Loch, Secretary Jim Kuchta, Treasurer Rula Abualhuda, Asst. Treasurer Mary Graves, Past President	Trustees: Rudy Chen Emma Cortese Kimberley Donohoe Linda Grossman John Kelly, III Angela Kircher Michael Padilla Maria Pedalino Javier Robles Karen Rozansky Lifetime Trustee: Ruth Bedford	Executive Director: Eileen Painter, RN, MSN Director of Clinical Services Felicia Gardner, MSW, LCSW

Sights around NFSB: Thrift Shop and Food Pantry Volunteers, Counseling rooms



A special thank you to all who enable the Thrift Shop to be a benefit to neighbors and NFSB:

- Caring and dedicated volunteers who prepare donations for sale, maintain the shop, and help our clientele with their choices.
- Generous neighbors who continue to provide the gently used donations of clothing and housewares.
- Our loyal clientele from near and far whose purchases make the Thrift Shop a success
- And 100% of proceeds go to NFSB programs and services!

Making a difference in people's lives:

Representative testimonials from people we serve, and from people who serve:

Psychotherapy clients:

"NFSB has had a major positive impact on my life. Both my family and work life has improved significantly. I am fully functioning for the first time in many years."

"While working with my clinician, I have been able to overcome certain issues and have become a better person. Without my clinician's help I would of never have gotten to this point in my life. If anyone is looking for a place to talk come to NFSB."

"It's great to have other family members come into the client's recovery process and learn to work together as family affair!"

"It is vital to take care of oneself and I am learning to do just that. Talking to a therapist allows me to go deeper into self-examination and use the necessary tools to continue that sense of well-being."

"Coming to NFSB helps me relieve some of my everyday stress. My clinician has been a great motivator for helping me help myself. Thanks!"

Volunteers:

"Volunteering at the NFSB Thrift Shop gives me a sense of accomplishment, especially when I see the difference we make for the people who need our services. We develop relationships with many of our regular patrons. It is more than just a place to shop."

"Volunteering at Nutley Family Service Bureau makes me feel like I am part of the community. Everyone working together to make a difference"

"For me, it is more than just helping the people in our community. Being a part of the NFSB Food Pantry makes me feel needed. When I am volunteering, I feel like I am participating in something really special."

Food Pantry participants:

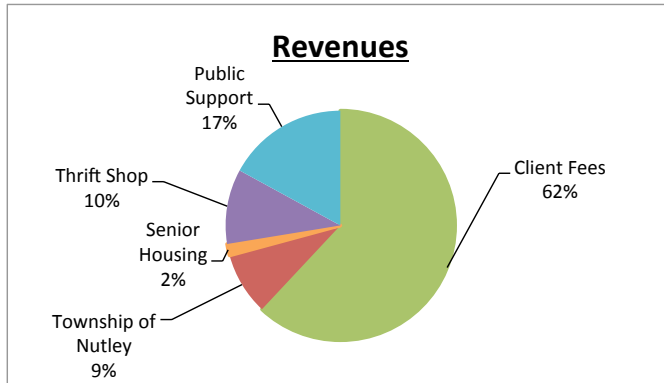
"I have a deep appreciation for the NFSB Food Pantry and the staff and volunteers who work here. My family benefits from all of the food donations and especially the fresh meats and produce. The Pantry makes a tremendous difference for my family."

"The NFSB Food Pantry gives me peace of mind knowing I will have food in my kitchen while I figure out other expenses. The staff and volunteers are kind and caring."

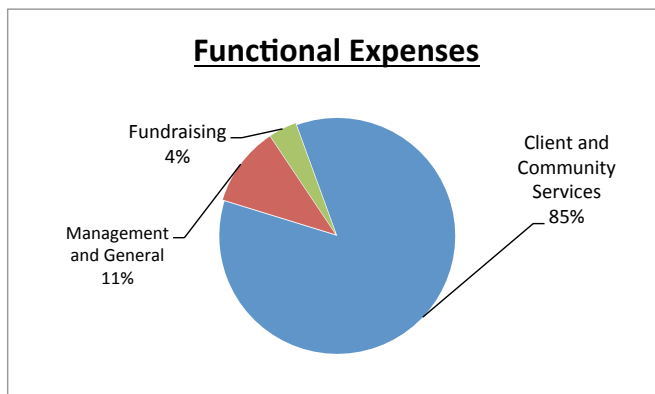
NUTLEY FAMILY SERVICE BUREAU, INC.

2016 Audited Financial Information

REVENUES AND EXPENSES



<u>Revenues</u>	
Client Fees	\$ 456,735
Township of Nutley	\$ 65,000
Senior Housing	\$ 11,981
Thrift Shop	\$ 77,668
Public Support	\$ 125,655
Total Revenue	\$ 737,039



<u>Functional Expenses</u>	
Client and Community Services	\$ 536,719
Management and General	\$ 68,271
Fundraising	\$ 24,132
Total Expenses	\$ 629,122
Excess of Revenue over Expenses	\$ 107,917

TOTAL NET FUNDS

Cash

Beginning of Year Cash	\$ 443,431
Excess of Revenue over Expenses	\$ 107,917
Net Receivables/Payables	\$ (5,119)
Depreciation	\$ 7,218
Increase in cash from operations	\$ 110,016
Release of Building deposit	\$ 12,320
169 Chestnut Building purchase	\$ (248,495)
2016 (decrease) in cash	\$ (126,159)
End of year Cash	\$ 317,272

Building Assets

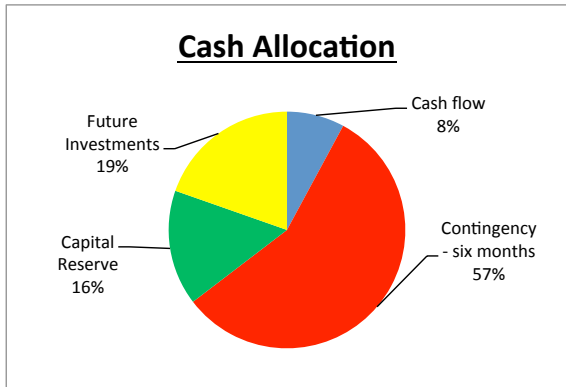
\$ 347,201

Receivables net of liabilities

\$ 110,473

Total Fund Balances

\$ 774,946



Cash Allocation:

Cash flow	\$25,000
Contingency - six months	\$180,000
Capital Reserve	\$50,000
Future Investments	\$62,272
Total cash	\$317,272

Notes for Total Net Funds:

- Capital improvement reserve does not include any amount for the renovation of 169 Chestnut Street anticipated to cost around \$300,000.
- The contingency reserve reflects the amount necessary in the event that operations are interrupted for six months and covers fixed costs such as non-variable labor and insurance, which continue through the interruption.
- Future Investments provides funds for new programs, new facilities, establishment of endowments, etc.

A sincere Thank You to our 2016 Public Supporters: Your generous support ensures our staff and programs are available to help those needing mental health and social services. We are especially grateful to our faithful, multi-year contributors.

Annual Fund & Other Cash Donations Over 350 individuals, groups, and companies		Major In-Kind Donations	
<p>\$10,000+</p> <ul style="list-style-type: none"> Greater Newark Holiday Fund Nutley Park ShopRite <p>\$1,000-\$9,999</p> <ul style="list-style-type: none"> Ruth Bedford Vicki Citrino John K. Farr, II & Susan P. Farr Mary & Brad Graves Investors Home Mortgage Liquid Church Vince & Carol LoCurcio Kathleen Metzger Morgan Stanley Foundation New Jersey Association of Realtors Nutley Chamber of Commerce Nutley Invitational Golf Tournament James & Vicki Ray Ed & Kerri Tyerman <p>\$500-\$999</p> <ul style="list-style-type: none"> Charles & Sam Carella Rudy & Linda Chen Dr. Louis Crupi & Dog, Cat, and Bird Clinic of Nutley Edmund & Bonnie Lee Gould William Irvine Barry & Cheryl Kozyra Network Security Group, Inc. Nutley Clergy Fellowship Liam Sherry 	<p>\$200-\$499</p> <ul style="list-style-type: none"> Adamas Concierge, LLC AXA Foundation Michael & Katie Cocco Coldwell Banker/ Nutley Realty Joanna Conrad DiBiasi & Rinaldi, LLC Joseph C. & Diane Graff David & Linda Grossman James & Audrey Hasselbrook Neil Henning & Fortress Financial Roy Imhoff Shirish Kalele Timothy & Jacqueline Keating David & Nora Krick Anthony Liqouri Timothy & Suzanne Maher Robert & Mary Ann Manfredi Jim McGuire Patrick J. McIntyre Morgan Stanley Cybergrants Nanina's in the Park Nutley Little Theater Robert Potok & Penelope Johnson Charity Fund Javier & Sorabel Robles Karen Rozansky Dr. Joseph & Sue Scarpelli Kathleen Severance Dr. Philip E. Toaldo, DDS Unico National—Nutley Chapter Dan Zanella & Steven Horn 	<p>Party in the Park Sponsors</p> <ul style="list-style-type: none"> AXA Advisors Century 21 Award Agency Investors Bank Investors Home Mortgage Nutley Park ShopRite <p>Live Auction</p> <ul style="list-style-type: none"> Ruth Bedford Emma Cortese James & Felicia Gardner Hackensack Riverkeeper, Inc. Graeme Hardie & Silas Mountsier Vince & Carol LoCurcio Javier & Sorabel Robles Ed & Kerri Tyerman <p>Major Silent Auction</p> <ul style="list-style-type: none"> A Personal Touch Florist Ben & Rosemary Costa Cucina 355 Restaurant Egan & Son Restaurant Fascino Restaurant Halycon Seafood Brasserie Roy Imhoff MEAL Restaurant Melandre Salon Nutley Wine Shop Taji & Scott Reisch Spencer Savings Bank Andrew & Kelly Swanson Trio Jewelers Washington Park Tavern 	<p>Garden Party</p> <ul style="list-style-type: none"> Ryan DePersio Graeme Hardie Silas Mountsier Nutley Park ShopRite <p>Food Pantry</p> <ul style="list-style-type: none"> Nutley Scouts Walt Smith VFW Post 493 Hilltop Management Thanksgiving Contributors <p>Veteran's Appreciation Dinner</p> <ul style="list-style-type: none"> Custodi Caterers Knights of Columbus NHS Culinary Club TK Music Zinicola Baking Co. <p>Other Special Thanks</p> <ul style="list-style-type: none"> Tom DiBiasi Joe Haines Justin P. Walder, Esq. Dancesation
	<p>Less than \$200</p> <p>299 Donors</p>	Grants	
		Wakefern Food Corporation -- ShopRite Partners in Caring	

A special thanks to all who ensure the Food Pantry is there for our neighbors in need:

- Caring volunteers of all ages – 5 years to 95 years old- who maintain the food storage, pack bags, and greet the participants on food distribution days.
- Countless individuals and members of faith-based, civic, municipal, business, educational, and charitable organizations who generously donate food and funds to help feed others.

A Sample of News Events and Social Media 2016



Taking Nutley Family Service Bureau into its next century: Since taking over the former American Red Cross building at 169 Chestnut St, the staff is dedicated to providing accessible psychotherapy and mental health services, with the help of its new executive director Eileen Painter. (*Nutley Sun*, 10/13/16)



Feed the Need: The Nutley Rotary Club helped Scouts collect items for the Nutley Food Pantry, which the Nutley Family Service Bureau now operates. (*Nutley Sun*, 03/24/16).



Felicia Gardner Recognized with Township's Women's Advocacy Award

Nutley Family Service Bureau Executive Director Felicia Gardner recognized for her professional and clinical work at Nutley Family Service Bureau.

<http://www.northjersey.com/story/news/essex/nutley/2016/04/07/nutley-presents-womans-advocacy-award/94600084/>

FACEBOOK POSTS – SO MANY LIKES & SO MANY REACHES ACROSS SOCIAL MEDIA



NFSB is partnering with Nutley Farmers Market 8/09/16 - 471 Reaches

Join us at the Market to find out about community resources for healthy eating! On August 14th NFSB Executive Director Eileen Painter will lead a lively discussion about the agency and food insecurity during a scenic route Farmers Market Walk & Talk.



Questions To Ask If Someone Expresses Suicidal Ideation 6/20/16

683 Reaches It is possible many of us may come in contact with a friend or family member seized by their worst day, and they may express to us their suicidal ideations (thoughts)." The following Huffington Post article has been written by NFSB's very own Vincent Fitzgerald, LSW.

http://m.huffpost.com/us/entry/us_578bfd20e4b0b107a241566c



WOW! A truckload of groceries!! 10/18/2016 - 356 Reaches

Depart of Public Works/Greenutley delivered bags of canned and boxed goods to the NFSB Food Pantry. Generously donated by town residents during the Oct 8th leaf bag distribution. Much needed and always appreciated!