

News Update: FAQs Nutley Services and Funding

NFSB is a nonprofit 501(c)(3) charity with a 100-year history of responding to mental health and social services needs of Nutley. Clients and supporters are asking about recent announcements regarding Nutley township grant and NFSB services. Below are key FAQs, followed by a more complete summary.

Does NFSB provide free social services to Nutley residents?

Yes, all are free to Nutley residents. Some are restricted only to Nutley residents. Our social service programs are designed with input from Nutley partners.

Who can use the NFSB Food Pantry?

Only Nutley residents who meet income eligibility guidelines participate in the Food Pantry. Call 973-677-1884 if any questions.

Does NFSB provide free mental health counseling to residents of other towns?

No, professional counseling is not free. Our qualified staff offers affordable psychotherapy to residents of Nutley as well as surrounding towns. Client fees cover cost-of-service, are paid by insurance or privately, and are NFSB's largest revenue source. Nutley residents receive preferential consideration as needed.

Does NFSB work with other towns to develop programs or respond to requests?

No. First and foremost, we remain committed to making a difference in Nutley, as we have for over 100 years.

What recently changed in the Nutley Township grant?

The longstanding grant was reduced from \$65,000 to \$32,500 in 2017, and was slated to be eliminated in 2018. However, on July 25 Commissioner Rogers informed us it would be \$25,000 in 2018, primarily to support the Food Pantry. This is very new information, and specifics are forthcoming.

Has the Township grant reduction affected NFSB's commitment to Nutley?

NFSB remains committed to our "Nutley First" philosophy. We are pleased to continue receiving financial support from Nutley Township. The overall reduction leaves a gap for part of Food Pantry plus other program and overhead expenses (see attached summary). NFSB firmly believes residents value our diverse services. We will pursue other funding opportunities before considering any reduction of services.

How does the NFSB Thrift Shop help Nutley?

- NFSB management can provide needy Nutley residents with vouchers for the Thrift Shop.
- Thrift Shop is a community resale shop open to the public, and 100% of the proceeds support NFSB programs and services. The gently-used donated items are a great bargain for everyone.

News Update: Summary Nutley Services and Funding

NFSB is a nonprofit 501(c)(3) charity with a 100-year history of responding to Nutley's mental health and social services needs. Clients and supporters are asking about recent announcements regarding the Nutley township grant and NFSB services. See below and <http://www.nutleyfamily.org/> for more details.

Mental Health Services include:

- Our major focus is quality, affordable, accessible psychotherapy counseling that address a wide range of people's concerns. Our insurance-based model is NFSB's largest revenue source, and is utilized by residents of Nutley and other communities. The cost-of-service is essentially self-supporting, excluding facilities and general management overhead. Nutley residents receive preferential consideration as appropriate in scheduling, fee adjustments, and payment plans. (see Mental Health FAQs)
- Group therapy programs are continually developed in conjunction with **Nutley** Township and organizations to address specific needs. They are free for Nutley residents. (eg. Nutley Empowering Teens, Girls Teen Leadership, KIDS, Social Skills, Men's Connection)
- Community requests. As an integral part of our community, NFSB responds to urgent requests from **Nutley** stakeholders if appropriate (eg. Dept of Health, Dept Public Safety, Municipal Court, schools, churches). Services are usually offered at no charge. (eg.; therapists supporting NHS and the Township after recent crises; emergency student evaluation to allow return-to-school after incidents, if appropriate).

Nutley Free Social Services include, but not limited to:

- Food Pantry, our largest social service, is **limited to eligible Nutley** residents. It currently serves over 200 participants bi-weekly, and is staffed by volunteers. While food is donated by Nutley residents and community partners, the NFSB facility and management costs are \$40,000- \$50,000/yr. NFSB assumed responsibility from Red Cross in 2016, aware of the increased financial obligations it carried. (See Food Pantry FAQs).
- Case management is provided free to Nutley residents to research and manage complex issues in their daily lives. Requests for assistance have greatly increased with the Food Pantry participants.
- Clothing assistance. NFSB management can provide needy **Nutley residents** with vouchers to shop at NFSB Thrift Shop. We also respond to recommendations from township officials or clergy.

NFSB Funding Sources. In addition to psychotherapy client fees, three major funding sources are critical to enable the above services. Furthermore, these funds cover the less visible, but very important core expenses that are vital to the health of our non-profit, such as therapist training & supervision, facilities and general management overhead, reserve savings, capital improvement.

1. Nutley Township grant was \$65,000 from 2009-2016 (previously higher), and reduced to \$32,500 in 2017. Commissioner Rogers originally informed NFSB that funding would be eliminated in 2018; however, on July 25 he informed it would be \$25,000 in 2018, primarily to support the Food Pantry. This is very new information, and specifics will be forthcoming.

2. NFSB Thrift Shop is a community resale shop open to the public, staffed by dedicated volunteers, and 100% of the proceeds support NFSB programs and services. Recent improvement efforts led to over \$77,000 in 2016. (see Thrift Shop link).
3. Generous donors committed to NFSB's mission. The response of funds, food, and other in-kind services is humbling. Many donors experience first hand how families and individuals are helped.

On behalf of those we serve, NFSB acknowledges the utmost importance these and other supporters have in improving people's lives. We are pleased to continue our longstanding partnership with Commissioner Rogers, Nutley Township and other Nutley organizations for the benefit of our residents.