

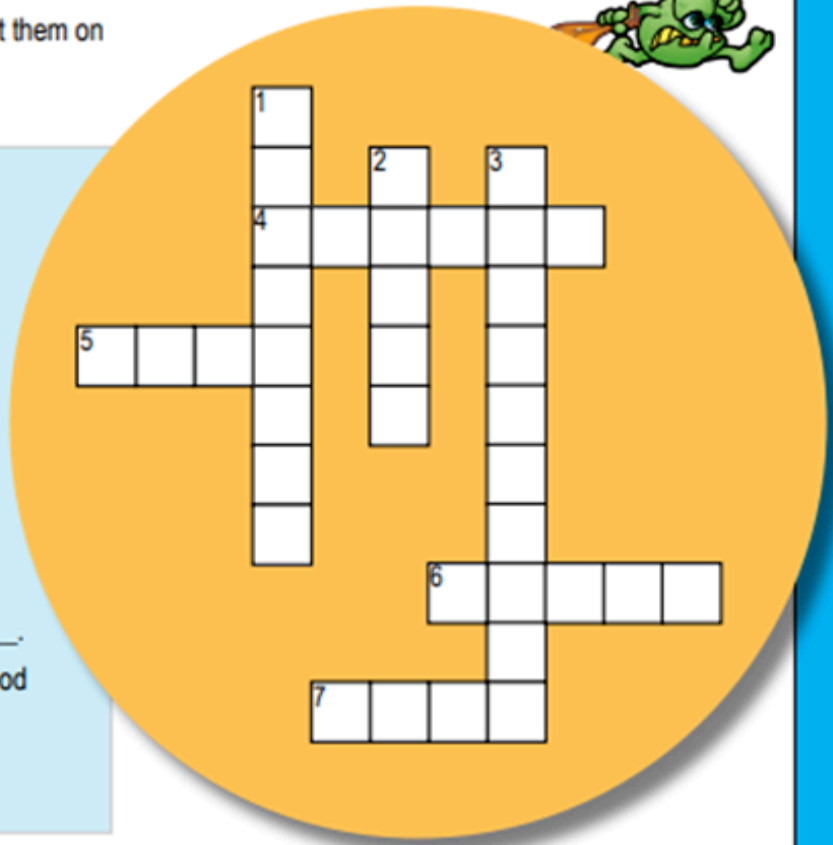
# CLEAN!

BAC (bacteria) can be hiding just about anywhere: in your kitchen, on your plate and even on your hands! The invisible enemy (BAC) can multiply and make you sick. But you can Fight BAC!® by following these important rules:

- Wash your hands and surfaces often.
- Wash hands with soap and warm water for 20 seconds before and after handling food.
- Wash fruits and vegetables thoroughly under running water just before eating, cutting, or cooking.
- Wash your hands:
  - Before you make or eat a snack or meal,
  - After playing with pets, and
  - After using the bathroom.
- Always use clean knives, forks, spoons and plates.
- Cooked foods should not be placed on the same plate that held raw meat, poultry or fish unless the plate has been washed first in hot, soapy water.
- Put food on clean surfaces. Never put your sandwiches or snacks on a dirty table or counter.
- Put backpacks and books on the floor. Don't put them on the kitchen table or counters.



Kids, complete this puzzle to help Fight BAC!® \*



## DOWN

1. Place your \_\_\_\_\_ on the floor, not on the kitchen counter or table.
2. Always use clean knives, spoons, plates and \_\_\_\_\_.
3. Use running tap water to rinse fruits and \_\_\_\_\_.

## ACROSS

4. Place \_\_\_\_\_ foods on a clean plate.
5. Wash your hands with warm water and \_\_\_\_\_.
6. Counters should be \_\_\_\_\_ before you put food on them.
7. Wash your hands after playing with \_\_\_\_\_.

\* Fight BAC!® and BAC! images, © 2005, Partnership for Food Safety Education.

Answers: Down 1-backpack 2-forks 3-vegetables Across 4-cooked 5-soap 6-clean 7-pets