



# Nutley Family Service Bureau

Join Us In Celebrating Mental Health Awareness Month This May!  
Students in Grades 3-6 Are Invited To Participate in The

## “Stomp Out Stigma” Poster Contest

### What is Stigma:

Stigma is negative attitudes and discrimination towards people with mental health problems, substance use disorders, or people who are different. Stigma makes people feel ashamed to ask for help.

### How Can I Help Stomp Out Stigma?

Create a poster to show how you can include others that are different or talk about them using kind words. By stomping out stigma, others won't be ashamed to ask for help! Never underestimate your ability to make someone's life better.



Posters can be submitted to teachers on or before May 27<sup>th</sup> - Max size 24x36

**ON THE BACK OF YOUR POSTER:**

Please affix the media release form and write your Student Name, Grade and School

The elementary school with the most participation will win a visit from the **Rita's Ice Cream** truck!

Please Note: submissions may be used in the future for NFSB promotions

NFSB will be accepting new and “like new” shoes all month long in donation bins at 169 Chestnut Street

This contest is in partnership with:



Department of  
Public Affairs and  
Health

*Follow the Heart of Nutley*



# Stomp Out Stigma Poster Contest Registration

Student's Name \_\_\_\_\_

School and Grade \_\_\_\_\_

## Media Release Form

Nutley Family Service Bureau, Inc. would like to celebrate your participation in the poster contest by sharing your artwork with the community. For us to do so, we will photograph and/or display art products created, and use these images on the agency's website, sponsored publications, and advertisement purposes.

Any art products or reproductions will be presented in a respectful and professional manner for publication, or presentation. Our intent is to be informative about the services we offer and recognize your achievements. We understand, however, concerns may arise in regard to confidentiality, and your right to privacy. As such, no names, pictures of faces, or other identifying information will be used.

To allow Nutley Family Service Bureau, Inc. to publish, post, or distribute photographs of the artwork, or display the artwork itself, please circle YES below. However, if you DO NOT grant permission to allow the Nutley Family Service Bureau, Inc. to publish, post, distribute, or display artwork, please circle NO below. This consent is valid only for use by Nutley Family Service Bureau, Inc. It may be revoked by you at any time. Such revocation must be in writing and will be effective upon receipt. We can give you a copy of this letter for your reference.

Please circle YES or NO for both permission options below, complete, sign, and return this form to Nutley Family Service Bureau, Inc by affixing it to the back of your poster. By signing and returning this form to Nutley Family Service Bureau, Inc., I formally state that:

**YES / NO – I/We GRANT permission for my (or my child's) art products to be photographed and published on the Nutley Family Service Bureau, Inc.'s public internet site for any purpose mentioned hereabove.**

**YES / NO – I/We GRANT permission for my (or my child's) art products to be photographed and published in any press outlet including newspaper, magazines, or other media sources for publicity and/or recognition purposes or any other purpose mentioned hereabove.**

Child's name \_\_\_\_\_ Date \_\_\_\_\_

Name (printed)

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Name (printed)

Signature

NFSB Representative (for official use) \_\_\_\_\_ Date \_\_\_\_\_

Name (printed)

Signature