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Dear Neighbors,

Demand for mental health counseling and social service programs in the greater Nutley community continues to grow. Thanks to your generosity and support, Nutley Family Service Bureau, Inc. (NFSB) has been able to meet this demand and provide essential services that have a life-changing impact on individuals and families.

Consider how donors like you have made a difference. This year 1,207 individuals have benefited from our mental health and social service programs. The Food Pantry has provided 307 households comprised of 665 individuals with over 13,000 bags of healthy, nutritious food, shifting to a personalized shopping model that allows clients to choose their items. The NFSB mental health program has provided 5,254 counseling sessions. The case management program has served 106 individuals with 925 benefits navigation sessions. An incredible group of 110 weekly volunteers have contributed 15,676 hours to support all we do.

Of course, **the stories behind the numbers show the true impact on people's lives.** "Mrs. Smith" came to NFSB facing a crisis. Her rent was six months past due and she had received a shut-off notice from the utility company. Mrs. Smith's anxiety was so visible that her family accompanied her to NFSB. Our case management coordinator helped Mrs. Smith apply for financial support and contacted Mrs. Smith's landlord, who agreed to not pursue eviction, as well as the utility company, which placed a hold on the shut-office notice. Once approved for benefits, all bills were paid. Mrs. Smith was also referred to the mental health program to manage her anxiety and receive emotional support.

Since 1913, NFSB has supported residents through two World Wars, the Great Depression, Superstorm Sandy, and the Covid pandemic. Of course, everyday life presents its own challenges with relationships, work, money, and stress. Because the community has always been there for us, we've always been there for the community.

As proud as we are of our history, **we're focused on the present and future.** We need your help to continue supporting neighbors through our mental health program, case management services, food pantry, and thrift shop.

Please consider a year-end gift to the 2022 annual fund. Your tax-deductible donation will go directly to supporting these much-needed resources right here in our community. Thank you so much for your generosity, compassion, and commitment to helping others!

Sincerely,

Mike Padilla, Board President

Katherine Carmichael, Executive Director



Neighbors Helping Neighbors Since 1913

